



SPONTAN® (vardenafil HCL nasal spray) SEXUAL HEALTH INVENTORY FOR MEN (SHIM)

Patient Name _____ **Date** _____

Patient Instructions

SPONTAN® (vardenafil HCL nasal spray) is indicated for the treatment of erectile dysfunction (ED). Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Circle the number of the response that best describes your own situation. Please be sure that you select ONLY ONE response for each question.

OVER THE PAST SIX MONTHS:

1. How do you rate your confidence that you could get and keep an erection?	Zero	Very low	Low	Moderate	High	Very high
	0	1	2	3	4	5
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?	No sexual activity	Almost never	A few times (far less than half the time)	Sometimes (about half the time)	Most times (far more than, half the time)	Almost always or always
	0	1	2	3	4	5
3. During sexual intercourse, how often were you able to maintain your erection after you penetrated (entered) your partner?	Did not attempt intercourse	Almost never	A few times (far less than half the time)	Sometimes (about half the time)	Most times (far more than, half the time)	Almost always or always
	0	1	2	3	4	5
4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	Did not attempt intercourse	Extremely difficult	Very difficult	Difficult	Slightly difficult	Not difficult
	0	1	2	3	4	5
5. When you attempted sexual intercourse, how often was it satisfactory for you?	Did not attempt intercourse	Almost never	A few times (far less than half the time)	Sometimes (about half the time)	Most times (far more than, half the time)	Almost always or always
	0	1	2	3	4	5

Add the numbers corresponding to questions 1-5 ► **TOTAL**

The Sexual Health Inventory for Men further classifies ED severity with the following breakpoints:

0-7 Severe ED **8-11** Moderate ED **12-16** Mild to Moderate ED **17-21** Mild ED

SPONTAN is not currently approved by the TGA. The medication can only be prescribed through the TGA Special Access Scheme (SAS) pathways. For further information prescribers can contact the TGA Special Access Team at SAS@health.gov.au or visit <https://compliance.health.gov.au/sas/>.

